

LEXIE



**ESBEN** 



**FVFIVN** 



MARCO



**MATHIAS** 



**NICOLE** 



ANNKAY



**ALINA** 





**GERTRUD** 

**DEIN FUNNMORE TEAM 2024** 

## Yay! You're in, and we're ready to go!



## Important Dates

Under blue skies and sunshine, we meet on May 6th between 11:00 and 12:00 at the beautiful spot in front of Arnna Restaurant. This is where you'll receive our legendary wristbands, which you wear during the classes and of course will cherish forever, to remind you about your special moments. Thank you.

If you can't make it on Monday, don't worry! There's a second chance! On Tuesday, before the "Come and join us!" event (Liberty Adults Indoor Theater) You will find us there in front of the Theatre waiting for you. 9:15h

On **Tuesday at 19:15**, we'd like to raise a glass with you at the **Beach Bar at Liberty Lykia** – Our motto, of course, is black & white. The Beach Bar is also our Sundowner meeting point – where along with your favourite drink and fellow Funnmoreres you can experience the amazing sunsets.

To keep you entertained on **Wednesday** ; we'll meet at 22:15 at the **Liberty Lykia Main Bar** for some "**Linedancing**" with the Funnmore Team!

On **Thursday**, Turkish delights await us at the **"Pinara"** specialty restaurant. You can sign up directly at the restaurant on Thursday evening — the additional costs of €15.— will be charged to your room bill.

Very important! Check our **WhatsApp** group for the latest updates. If you're not already part of it, you can find the link in the email.

<u>Check-in</u> 6.5. 11:00 - 12:00 und 7.5. 09:15 - 09:45



Come and join us! 7.5. 10:00



Cocktailparty
7.5. 19:15





<u>Pinara</u> 9.5. 19:30





	TU / DI 7.5.24		WE / MI 8.5.24		TH / DO 9.5.24		FR 10.5.24		SA 11.5.24	
	ARNNA	WOODS	ARNNA	WOODS	ARNNA	WOODS	ARNNA	WOODS	ARNNA	WOODS
8:00				MORNING AWAKENING Yoga		MORNING AWAKENING Yoga		MORNING AWAKENING YOGA		MORNING AWAKENING YOGA
8:30				EVELYN		ANNKAY		EVELYN		ANNKAY
9:30 - 10:30	COME AND JOIN US! 10:00 - 10:30 ADULT INDOOR THEATRE		STEP'N TONE	THE WAY OF THE WARRIOR SPIRIT YOGA	BOOST THE BEAST	STABI STRENGTH	U'R SOUL ON THE BEAT	MOBILITY	HIIT THE STEP	FUNCTIONAL TRAINING
10.00	TEAM		KELLY	ANNKAY	MARCO	NICOLE	NATASCHA	MARCO	KELLY	ALINA & MARCO
10:45	STEP	PILATES	HI LO Aerobics	HEALTHY BACKS	EASY STEP	DETOX Yoga	EASY STEP	YOGA FLOW	EASY LATIN DANCE	YOGA Let go
12:00	MATHIAS	NICOLE	MATHIAS	NICOLE	MATHIAS	EVELYN	ALINA	ANN KAY	NICOLE & ANNKAY	EVELYN
15:00 -	KAMIBO	MOBILITY	EASY STEP	CORE MOBILITY	AEROBICS	CLASSICAL BODY SHAPE	BODY COMBAT	BOOTY WORKOUT	DRUMS ALIVE (SIGN IN)	HEALTHY BACKS
16:00	ALINA	MARCO	ALINA	MARCO	ALINA	ESBEN	KELLY	NICOLE	ESBEN	SAIHTAM
16:15	DISCO AEROBICS & STRETCH	FEEL GOOD Yoga	DRUMS ALIVE (SIGN IN)	PAIN FREE Training	DANCE BEATS & STRETCH	YOGILATES	BOYZROBICS & STRETCH	SENSUAL PILATES	FINALE (ARNNA) TEAM	
17:30	ESBEN	EVELYN	ESBEN	MARCO	MATHIAS & ANNKAY	ESBEN	ESBEN & MATHIAS	NICOLE		
17:40 - 18:20			HIGH HEELS Dance	SUNSET COME TOGETHER	BE FABULOUS A GUIDE TO AGEING POSITIVELY SEMINAR ROOM	SUNSET COME TOGETHER	SUNSET MOVES SOFT AEROBIC	SUNSET COME Together	CHANGES POSSIBLE	
			MATHIAS	BEACH BAR	LEXIE	BEACHBAR	ESBEN	BEACH BAR		nmorə ESS FESTIVAL
	19:15 WELCOME COCKTAIL BEACH BAR		22:15 AMERICAN LINE DANCE LIBERTY MAIN BAR		19:30 PINARA RESTAURANT EXTRA COSTS				7	11.5.2024